TREATMENT

I want to be well enough to

**Physical wellbeing**
- Daily activities – shopping/cleaning
- Independence/limited movement
- Exercise/sports

**Emotional wellbeing**
- Stress/mental wellbeing
- Concern over appearance
- Relationships
- Hobbies, travel

**Social life**
- Going out
- Family, friends

**Work life and study**
- Commuting to and from work
- Daily/manual tasks, work performance
- Study and student life/seeking employment

**Notes:**
- Date of Preparation: September 2017   Job Code: AXHUR171233
- This material has been designed for UK healthcare professionals to complete during discussions with their patients.
- Remember to ask the patient:
  - What part of your life is your disease affecting most?
  - What lifestyle aspects do you hope to improve?
  - What are the specific goals that we can work towards?
- Add any relevant notes and place the page in the patient records for future reference.

This Back in Focus resource was developed in collaboration with the Back in Focus Steering Committee for UK healthcare professionals only, organised and funded by AbbVie. Available to download at: www.axialspabackinfocus.co.uk - contains promotional content.

Prescribing Information and Adverse Event Reporting can be found here and also on the website www.axialspabackinfocus.co.uk.