Bath Ankylosing Spondylitis Disease Activity Index (BASDAI) and Spinal Pain Score

Please read each question to your patient and circle the box they feel is the most appropriate to describe how severe their condition has been in this area. Each question relates to how they have felt in the past week.

1. How would you describe the overall level of fatigue/tiredness you have experienced?
   - None
   - Very severe

2. How would you describe the overall level of AS neck, back or hip pain you have had?
   - None
   - Very severe

3. How would you describe the overall level of pain/swelling in joints other than the neck, back or hips?
   - None
   - Very severe

4. How would you describe the overall level of discomfort you have had from any tender areas to touch or pressure?
   - None
   - Very severe

5. How would you describe the overall level of morning stiffness you have had from the time you wake up?
   - None
   - Very severe

6. How long does your morning stiffness last from the time you wake up?
   - 0 hours
   - 1 hour
   - 2 or more hours

Spinal Pain Score
How would you describe the overall level of pain you have experienced in your spine in the past week? Please circle the box which represents your answer.

BASDAI Score (for calculation instructions turn over)¹

Spinal Pain Score (score from 0-10, for pain experienced in last 24hrs)²

Is the patient eligible for biologic therapy?

Yes  No

² Available to download at: www.axialspabackinfocus.co.uk - contains promotional content.

Date of Preparation: October 2017  Job Code: AXHUR150947d(2)
Calculating the BASDAI

For clinician use only

To calculate the BASDAI score:

A. Add scores for questions 1-4
B. Calculate the mean for questions 5 and 6
C. Add A and B and divide by 5

This gives a BASDAI score out of 10. The higher the BASDAI score, the greater the patient’s disability due to axial SpA.